

AARP Chapter 2426

Minutes from February 21st, 2018

President **Petr Skalnik** called the meeting to order at 1:00pm. Vice President **Elaine Benton** led the pledge to the flag.

***Announcements:** The next regular Chapter meeting will be on March 21st, 2018 @1:00PM at the South Austin Senior Activity Center. The next Board meeting will be on March 20th, 2018 at the Manchaca Road Branch of the Austin Public Library @ 10:00 am.

OLD BUSINESS

Minutes: The minutes of the January 2018 meeting were read and approved.

COMMITTEE REPORTS

Pete reported that **Jessica Lemann**, Associate Director for Advocacy and Outreach, AARP Texas, was scheduled to be here today to install the new officers and Committee Chairs for 2018, but that she was very ill and therefore we will have the Official installation at the March meeting. The newly elected officers are those who served in the same capacity last year.

Attendance and Membership Committee: **Margaret Hughes** reported that there were **78** attendees and **5** guests. They were: **Nell and James Sanchez, Billy Fennell, Wila Nepushi and Ruth Dawson**

Treasurer's Report: **Barbara Fetonte** reported that the Checking Account balance was **\$2,523.22**, the Travel Account balance was **\$1,000.24** and the Savings Account balance remained at **\$25.00**.

Community Service Committee: **Pat Thomas** announced several new Roll and Stroll events, such as visits to the City Hall Art gallery; the new downtown Austin Public Library; the UT campus for "Explore UT" and others to take place in the near future. She urged everyone to watch the newsletter and emails for specific dates and times.

Program Committee: **Jose Saenz**, chairman, previously reported to **Pete** that an email will be sent to the rest of the committee to coordinate the schedules of the up and coming programs for the year. The program schedule for 2018 is now filled.

Sunshine Committee: There were **6** birthday celebrants present: **Connie Flores, Lucy Estrada, James Sanchez, Bertha Lighthorn, Barbara Kelley and Myrtle Holmes**. There were **NO** Anniversary celebrations.

Travel Report: Mario Macaluso said that the next trip will be a tour of the **LBJ Ranch in Johnson City** on May8th, with a side trip to the **Wild Seed Farm**. Lunch will be in Fredericksburg. The maximum number for this trip is 43, so sign up soon. The cost is \$40 and **Rosie Perez** will be taking your money and reservations. Note that departure time from SASAC will be at 7:45am sharp, so attendees will have to be here no later than 7:15am.

Program: Our presenter was **Dr. Mark Carlson** a board-certified Gerontologist , Internist and Oncologist with 25 years of healthcare experience. Dr. Carlson shared common habits that lead to successful aging in specific geographic area of the world. He identified lifestyle characteristics that likely contribute to this longevity and demonstrated the simple ways you can integrate them into your own life.

With no further business, the meeting was adjourned at 2:45pm.

Ed Gonzales, Secretary

(**APPROVED** March 21st, 2018)

*Not read at the meeting, for informational purposes only