

AARP Chapter 2426

Minutes from the August 16, 2017 Meeting

President **Petr Skalnik** called the meeting to order at 1:00pm

Vice-President **Elaine Benton** led the Pledge of Allegiance.

(***Announcements:** The next regular Chapter meeting will be on **September 20, 2017 @ 1:00PM** at the South Austin Senior Activity Center. The next Board meeting will be on **Wednesday, November 22, 2017** at the Manchaca Road Branch of the Austin Public Library @ 10:00 am.)

Minutes

The minutes of the July general meeting were read and approved.

Program

Amy Temperley, owner of “Aging is Cool”, discussed in length the 3 domains of active aging: physical health, psychological well-being and social relationships and how they can optimize your life and maximize every moment that you have which in turn can make your life great.

Treasurer’s Report

Barbara Fetonte reported that the Checking Account was **\$2,199.86**, the Travel Account was **\$1,228.89** and the Savings Account remained at **\$25**.

Committee Reports

Community Service Committee: **Pat Thomas** reported that there would be a Roll and Stroll outing to LoBurn (Lower Burnet Road) to explore the various thrift shops and with lunch at the Blue Star Café. There is also a Museum Free day on September 17th where most of the museums in Austin have free admission. There are over 25 different museums participating. **Pat** is also planning a Roll and Stroll to visit the Dell Medical Center with a stop to Scholz Bier Garten. Also in the planning stages is a visit to the Mueller Community Development and Farmers Market and to the Harry Ransom Center sometime in September.

Sunshine Committee: **Elaine Benton** reported that there were were **8** birthdays and no anniversaries.

Membership Committee: **Margaret Hughes** reported that there were **56** attendees including **3** guests: **Doris Moore, Mary Holland and Bob Woertink**.

Program Committee: **Pete** reported we are still in need of a new chairperson for this committee. All of the programs for the coming year are already scheduled, so this committee is currently in pretty good shape.

Pete also reminded the Chapter that tomorrow was AARP day and we still need help with registration and food distribution. There will be a carpool available to go to the meeting, leaving SASAC at 1:00pm.

Travel Committee: Mario Macaluso said the sign-up for the Painted Churches of Texas trip is closed. He is also planning an Oktoberfest Trip to New Braunfels to be led by **Caryn Gullas** in the fall and a December trip to Clifton, Texas on December 2nd to enjoy a Norwegian Christmas celebration.

With no further business, the meeting was adjourned at 3:00pm.

Respectfully submitted,

(APPROVED 9/20/2017)

Ed Gonzales, Secretary

* Do not read at the meeting