South Austin AARP
Chapter 2426

Website: **southaustinaarp.org**

June 2023

Wednesday
June 21, 1:30 p.m.
The program topic will be announced via an email to all members.

Message from the President
Crespin Guzman

June is known as the month when Summer begins and with it comes the **infamous HEAT of central Texas.** Of course, by now you have already begun to feel it with temperatures hanging around the 90's. This year's Summer begins on the 21st of June, coincident with our Chapter meeting. **Great way to celebrate it!**

Hopefully, we won't have to break out the "fans" or will we? Just show up and find out. All kidding aside, we are elated to have spent the Grant money and can't wait to share the rest of the stuff we have acquired for your use. **So, I tip my hat to our Vice President for doing such a great job of acquisition.**

More specifically, **hydrate and stay cool.** Bring your AARP mug and show it off. Secondly, **cover up** if you plan to be outdoors for any amount of time when the sunshine is at its peak. This may call for long sleeves, hats, dark glasses, skin lotion if you are showing some. Additionally, **slow down, take your time and do not physically strain yourselves while doing your "honey do's".**

Finally, *"do what you like and like what you do, BUT be practical in getting it done!*

Remember, it's **Summer and the living is easy...take care and stay safe!**

Travel
Mario Macaluso

At the meeting on June 21, 2023 Rosie will be collecting for the day trip to the Botanical Garden to San Antonio. We are aiming for the second half of September. Exact price and date will be will be announced at an appropriate time before the June meeting.

We need a minimum of 35-40 participants to run this day trip.

The estimate cost for this trip is no more than $65 which includes a $ 15 admission ticket to the Botanical Garden, followed by a visit to the Mercado Mexicano and then a stop at the River Center for lunch and shopping.

You may sign up in person, or by sending your check with a friend if you are unable to attend the meeting , or by mailing your check provided Rosie gets it in her hand by the time she comes to the meeting.

Your participation will decide the fate of day trips for our Chapter.

The July trip to Gonzales is going and I will pay the balance next week.

We are working closely with the Gonzales Chamber of Commerce.

Roll and Stroll and Community Service Committee

Pat Thomas and Deborah Fennell

As I listen to TV news and read the paper, I frequently encounter new words. One of the words I frequently see is WOKE. It has been an official dictionary word since 2017. So why don't I know what it means? My research leads me to this answer. It is defined as “aware of and actively attentive to important facts and issues (especially issues of racial and social justice),” and identified as U.S. slang. It originated in African American English and gained more widespread use beginning in 2014 as part of the Black Lives Matter movement. For instance: “I was sleeping, but now I’m woke.” In the recent decade, it is also being used to refer to anyone who is or appears to be politically left-leaning. A short definition for WOKE is used as a byword for social awareness.

Summer has just arrived but I'm already planning a Roll & Stroll for December.

Many of you long timers from the south side of Austin remember the Austin Playhouse. A wonderful professional playhouse located near St. Edwards. They moved from that location 15 years ago and are now located conveniently at 405 W. 22nd street. They have announced their 2023-24 season. One of the plays I think we would all enjoy is "Murder on the Links" based on an Agatha Christie book. It will be featured in December and as soon as tickets are available. I'll share the information with you.

The season will include many opportunities for good live theater.

“The Spitfire Grill,” Musical - music and book by James Valcq. Jan. 26-Feb. 18 2024

Synopsis: Rural Wisconsin. February. A young woman, Percy Talbott, gazes out the window of her prison cell, from which she is about to be released. Arriving in Gilead, Wisconsin Percy reports to the local sheriff, Joe Sutter. He leads her through the deserted streets to a ramshackle diner called the Spitfire Grill, run by a crusty old widow, Hannah Ferguson, who has a bad hip and a sharp tongue. Joe persuades Hannah to take Percy on board and give her a waitress job.

JUNE 13TH TUESDAY - THE BLANTON MUSEUM OF ART

We will explore the new exhibits and outdoor space . The outdoor pedals are three stories high and the landscaping includes nature sounds. This will be an all day event with early dinner around 4:00 before returning to Wheatsville. Have not yet selected a restaurant. Watch for special R & S alert with additional information

JUNE 24TH SATURDAY - WORLD REFUGEE DAY

We have attended this event at the Bullock Museum several times in past years. It is an educational and festive event. As soon as I have a time schedule I will send out an alert with additional information

To request additional information you may contact Deborah Fennell or Pat Thomas at one of the following numbers:

Deborah Fennell – (512) 915-8414 – TEXT ONLY

Pat Thomas 512-574-3490 or text

From Where I sit

Nancy Crowther, AARP Chapter 2426 Vice-President

Howdy from the left side of our President, Crespin Guzman. I just want to take this opportunity to thank him for his friendship, outstanding leadership, and dedication these last couple of years. And while I’m at it, our Secretary, Ed Gonzales, who has been taking notes and keeping files for the chapter for 10 years, our chapter treasurer, Bill Nicholson, a magnificent Treasurer (voluntarily) in all my years of being on a board ever. Maria and Wanda have been very supportive in the work the board does and contributes to the activities to keep us on track. All the committee chairs also get a virtual applause and virtual hug from me as I have admired the spirit of volunteering and reaching out to our Varsity community. We need strong, active volunteers as our years of service outweigh the years of play with AARP as a dynamic chapter in Central Texas. Please consider helping out in any board activity (meetings are second Thursday of the month at 10am, usually at SASAC) or any of the chairs who have asked for help. The rewards are great and the wages…priceless!

August 2023 Service Changes

CapMetro makes planned changes to their service three times a year to improve your riding experience and respond to shifts in how customers use the service. These minor changes intend to address overcrowding during select periods and transition UT routes to fall school service. If approved, the changes will be implemented on Sunday, August 20.

A series of public feedback opportunities will be held during the month of May, including an opportunity at the June Monthly Board Meeting at CapMetro's Main Administration Building. Feedback will be considered for incorporation into final recommendations. Please share any comments, concerns, or suggestions at feedback@capmetro.org
For more information, visit CapMetro.org/august2023.

Take steps to be hurricane ready-now.
From Disability Rights Texas DRTx

Hurricanes can cause all types of problems that turn your life upside down. They can disrupt access to things like food and water, power, cell phone service, and more. It's important to be prepared so you can deal with whatever a hurricane throws at you.

Today is the first day of hurricane season. Whether you're a preparedness newbie or someone who has prepared in the past, take this opportunity to make sure you're as ready as possible. Get started by reading - and thinking about - the questions below.

Food and water: do you have enough food and water on hand, and do you know where it will be distributed?
Transportation: if you leave your home, do you have access to reliable transportation?
Housing: is there a place you can go if you have to leave your home?
Power: do you have a backup power source in the event there's a long power outage?
Healthcare: do you have a plan for accessing medical care during and after a hurricane?
Get help: do you know what resources will be available to help you recover from a hurricane?

For (a lot) more information about the questions listed above and more, see our new guide on Hurricane Preparedness for Texans with Disabilities (disabilityrightstx.org)

Chapter 2426 Treasurer's Report
Bill Nicholson

The Membership Committee and Treasurer share the following…
To keep the Membership Committee records up to date, when you have a change in telephone number, email address, postal mail address or national AARP Membership Number or Thru Date, please provided the changes on the *Membership Renewal or Updating Information* form found on the last page of this newsletter and available at the meeting sign-in table or the Treasurer's table. Send changes for the Membership Roster and the member dues payment ledgers and dues payments to:
South Austin AARP Chapter 2426
c/o Bill Nicholson, Treasurer
12512 Gun Metal Dr.
Austin, TX 78739
A continuing request - please bring your AARP membership card to the next meeting so those attending the meeting sign-in table can compare it with the Membership Number and Thru Date on the meeting sign-sheet. The chapter is required by AARP to have on file the current AARP Membership Number and Valid Thru date for each chapter member.
And a reminder - if you are exempt from paying dues because you are 85 years or older and have not submitted a Membership Renewal form for 2023, please do so your information and exempt status can be updated, if necessary, in the Membership Roster and the dues ledgers.
And noteworthy, the membership as of May totals 133 of which 24 are exempt from paying dues. Fifty-eight members attended the April 19 meeting. Forty-six members attended the May 17 meeting.

Editorial Comment

HELP WANTED

Diane McGowan

Volunteers are needed to help keep our chapter thriving.

About 45 to 50 people attend our chapter meetings. Members appreciate the programs and social activities. Roll and Stroll and Day Trips are enjoyed by many members.

None of these activities just magically happen. It takes many volunteers to keep our chapter meetings and activities available to all members.

The chapter president, Vice-President, Secretary, and Treasurer have been serving ***4 or more years.***

Many committee chairs have also been serving more than 4 years

I have been newsletter and webpage editor since 2011. If you know how to use Microsoft Word, you can be the newsletter editor. I will be glad to work with volunteers during the transition. I will also train a webpage manager.

It is time for other chapter members to volunteer and do their share .

If you would like to help, please contact the president or one the volunteers currently serving in the position.

2023 Officers And Committee Chairs

Officers

President: Crespin Guzman 737-222-8155
Vice President Nancy Crowther 512-808-7486
Secretary: Ed Gonzales 512-444-3335
Treasurer: Bill Nicholson 512-481-8464
Assistant Treasurer: Rosie Perez 512-440-7050
Board of Directors (in addition to officers):
Wanda Hasley 512-280-9276
Marie Martinez 512-276-4771

Committee Chairs

Community Service: Pat Thomas 512- 441-1485
Deborah Fennell 512-282-9931 Health: Laura Dutton 512-740-9370 Gail Glick 214-808-6622
Hospitality: Connie Flores 512-536-0694
Legislative: Vacant
Membership: Shirley Paz 512-689-7123
Isabel Moreno-Orta 512-554-5338
Newsletter Editor and Web Manager:
Diane McGowan 512-923-3218
Program: Randy His 512-663-8196
Phone Committee Chair:
Elaine Benton 512- 799-2224
Sunshine: Kathryn Stone 512-673-9705
Travel Mario Macaluso 512-432-5255

Volunteer Hours

Ed Gonzales

Total for December: 311 Hours

Total for 2023: 1358 Hours

Please turn in your volunteer hours. The form is at the end of the newsletter and may be emailed or mailed.

SCAMS

I have been receiving scam emails which say:

Welcome To 25% Off AARP membership Renew Today

These emails are not from AARP. Please do not reply. Report as spam and delete.

CIVIC AND/OR COMMUNITY SERVICE BY
SOUTH AUSTIN AARP CHAPTER 2426 VOLUNTEERS
PLEASE EMAIL THIS INFORMATION TO ED GONZALES
Edgonzales7@gmail.com. If you do not have email,
mail to: Ed Gonzales, 710 Kinney Avenue, Austin,TX 78704

Note: You do not have to email the form. You may list the category and the hours for that category and the total number of hours.

Name_____Address_____Phone_____

Category	Hours	Category	Hours
AARP Annual Day of Service		Fundraising for Community Service	
AARP Driver Safety Program		Health & Wellness	
AARP Tax Aide		Long-term Care/Nursing Home Support	
Hunger		Independent Living/ In Home Care Giving/Home Repairs	
Advocacy/Legislation/Information/Referral Services		Independent Living: Transportation Services	
Education/Scholarships or other		All Other Volunteer Areas	
Subtotal		Subtotal	
		Total Volunteer Hours	

South Austin AARP Chapter 2426

Check one: __ New Member Application __ Renewal of Membership __ Update/change Information

PLEASE PRINT

Name _____

Address _____

City _____State _____ Zip _____

Phone Number (_____) _____

E-mail Address (Print Clearly) _____

*AARP Member No. _____ Valid Thru (Month & Year) _____ /_____

**(Found on your red membership card)*

Birthday (Month and Day) _____ /_____ Anniversary (Month and Day) _____ /_____

Signature _____ Date _____

Dues are $10.00 paid by cash or check. Dues are waived if you are 85 or older: Yes, I am _____.

Complete and give this form with your payment to the Treasurer (checks payable to South Austin AARP Chapter 2426).

OR mail this form with your payment to:

South Austin AARP Chapter 2426, c/o Bill Nicholson, Treasurer, 12512 Gun Metal Dr., Austin, TX 78739.

Please check any committee(s) on which you are interested in serving:

____ Program ____ Membership ____ Hospitality ____ Telephone
____ Sunshine ____ Legislative ____ Community Serv ____ Health Care
____ Travel (ad hoc) ____ Public Relations ____ Newsletter