South Austin AARP
Chapter 2426
Website: www.southaustinaarp.org
December 2019

Wednesday
Holiday celebration
December 18 1:00 p.m.
Mr. Preston “Ty” Tyree Co Founder of WAAO (We Are All One) along with his spouse Ani Colt, CEO will present, describe, and provides examples of a relatively new initiative that addresses the improvement and enhancement of mobility for challenged senior individuals as it pertains to the Trike Neighborhoods Program in our Community. This is considered part of another effort to promote Advancing Healthy Aging by using tricycles for adults. The currently technology in the industry may surprise you as will the potential benefits derived from personal engagement. The last page of the newsletter is a flyer with information on the nonprofit organization.

Please join us for our annual holiday celebration with a pot luck lunch. You may bring any dish to share.

Community Service
Pat Thomas

December Holiday
Gift Bags

Each year as a community service project we ask chapter members to bring a Christmas bags for Drive A Senior to our December meeting. Nicole Sarker, Executive Director of Drive a Senior Central Texas will say a few words and pick up the bags for delivery of these bags to their clients It is recommended that you add a Christmas note of holiday wishes. Please also designate whether your bag if it is for a male or female.

Suggestions of items to be placed in the bags.
Pocket calendar       Oatmeal packets
Tea bags        Applesauce packs
Hot Chocolate packs  Hand towel
High Lighter pen  Small fleece blankets
Hand or body lotion  Handkerchiefs for men
Sugar free cough drops Notepads/pen
Small mirror or comb  Puzzles
Chap Sticks         Perfumed Soap
Chocolate pretzels  Roasted peanuts
Socks or slipper socks with grippers on the bottom

If you have questions, please contact Diane McGowan, dianemcg70@gmail.com  512-892-4416
Consider becoming a volunteer for Drive a Senior Central Texas. For additional information: https://driveasenior.org/volunteer/
Thank you to all who brought over 200 pounds of food for our November Food Drive for St Ignatious and Bread for all Food pantries

Chapter 2426 Charitable Contributions
Please save your HEB large plastic bags and bring them to AARP meetings to be recycled at the Food Pantry. Aluminum pull-tabs are being collected for the Ronald McDonald House.
Chapter 2426 Officers Elected

2020 Officers were elected at the November meeting. They will be installed by Mary Ragland at the December meeting.
President: Crispin Guzman
Vice President: Nancy Crowther
Secretary: Ed Gonzales
Assistant Secretary: Marilyn Totten
Treasurer: Bill Nicholson
Assistant Treasurer: Rosie Perez
Board Members: Wanda Hensley and Marie Martinez

Chapter 2426 Volunteer of the Month
Joyce Evans

Each month we will feature a member volunteer. If you would like to nominate someone, please contact Diane McGowan, 512-923-3218
dianemcg70@gmail.com

Joyce has been a lifelong crafter. She has poured her creativity into everything from oil painting to cake decorating to cross stitch. She moved to Austin five years ago to be closer to her two daughters and immediately dove into the city’s active volunteer scene. Joyce was recently celebrated for crossing the 500 hour milestone at the Lady Bird Johnson Wildflower Center gift store. When her eldest daughter was looking for a creative way to repurpose T-shirt’s from American Heart Association events - Joyce started quilting. She made twelve T-shirt quilts that were presented to young heart surgery patients and one was offered as a raffle item that raised more than $5,000. Needing a break from quilting, Joyce turned her heart and sewing machine to the task of making reusable organic cotton produce bags for Whole Kids Foundation, a nonprofit that works to improve children’s nutrition. As the wife of a Navy veteran, service has been huge part of Joyce’s life. Who knows what her next project will be...

Joyce Evans
2019 Quilt
that earned over $5000 as a raffle item.

Roll and Stroll
Pat Thomas
Deborah Finnell

DECEMBER/JANUARY 2019

Roll and Stroll is a community service program created by AARP Chapter 2426 to teach seniors how to use public transportation for fun and convenience. Each month we take group trips around town to enjoy the beauty of living in Austin.

Tuesday, December 17th - Austin Public Library – The Big Holiday Sing in the central public library event center.

This trip is similar to the Woodstock event we attended but this event features holiday songs with the leadership of Conspirare Choral Group artistic director Craig Hella Johnson. This is not a concert but is an audience sing-a-long. Professional singers are scattered throughout the audience. We will meet at Westgate Transit Center at 3:00 pm and eat before the event at a restaurant in the Seaholm area. Restaurants are crowded during the holidays therefore we need your RSVP by Dec. 12th to save a space for you. We need to arrive at the library by 5:30. After the music event we will walk along 3rd Street to view the Christmas shops and return back to Westgate by 8:30 pm.
Conspirare Choral group has been nominated for a Grammy award for "The Hope of Loving" in the Best Choral Album category. The 62nd Grammy® Awards ceremony will be held on January 26, 2020. This is Conspirare's ninth nomination.

**January 2020** - We still are trying to visit the LBJ library to see the Motown exhibit which ends on January 26th. Let’s hope for one day of good weather in January.

Our holiday strolls are popular events so please have your RSVP to Deborah Fennell at 512-282-9931 or Pat Thomas at www.rollandstroll@austin.rr.com

**A LIST OF SOME HOLIDAY CONCERTS YOU MIGHT CONSIDER ATTENDING.** These are **not** Roll & Stroll events.

- Riverbend Church - Christmas Sing-Along and Tree Lighting December 17th. The fun will start on the plaza at 6:30pm with a live Nativity, hot chocolate and goodies. The plaza festivities will culminate with the lighting of a huge Christmas tree before going into the auditorium for the Sing-Along with a full orchestra and the 100-voice Riverbend Choir beginning at 7:30pm. Tickets are free, but required to reserve your seats.
- A Celtic Christmas at St. Mary’s Cathedral Dec. 20th & 21st - Tickets required. [https://www.celticchristmasaustin.com/history](https://www.celticchristmasaustin.com/history)
- Chorus Austin 30th Annual "Sing-It-Yourself" Messiah, Saturday, December 7 at 2:00 pm at St. Matthew's Episcopal Church, 8134 Mesa Drive. Our audience joins with our Symphonic Chorus, soloists, and orchestra to bring you Handel's legendary oratorio. For tickets, click: [https://chorus-austin.simpletix.com/e/49172](https://chorus-austin.simpletix.com/e/49172)
- Conspirare Christmas Choral Concert Monday, December 9 at 7:30 pm at Dell Hall of The Long Center for the Performing Arts (701 W. Riverside) enter the holidays with songs of hope, courage, and love! Artistic Director Craig Hella Johnson curates this beloved concert bridging every day songs with seasonal favorites that speak to our hearts and times with special guests Nicole Joseph and the African Children’s Choir. Tickets on sale now! [https://conspirare.org/tickets/](https://conspirare.org/tickets/)
- Texas Early Music Project: An Early Christmas Friday, December 13 at 7:30 pm, St. John's United Methodist, 2140 Allandale Road
- Saturday, December 14 at 7:30 pm, First English Lutheran Church, 3001 Whitis Ave
- Sunday, December 15 at 3:00 pm, St. Matthew's Episcopal Church, 8134 Mesa Drive Admission $30 general; $25 seniors (60+); $5 students (at the door only) Information: 512-377-6961/leave a message, or email info@early-music.org. Join Texas Early Music Project for its annual multilicious feast of Christmas music through the ages. Encompassing 700 years of festive creativity and beauty, this music is sure to delight your ears and warm your heart.

**2020 Membership Dues**

It is time to pay your $10 yearly chapter dues for the fiscal year 2020. **Chapter 2426** fiscal year is January through December. I know this can be quite confusing because your **AARP national dues** may not be due yet. The chapter dues and the national dues are separate. Every year we ask for yearly dues. With your yearly dues, you get a copy of our monthly newsletter, access to the Roll and Stroll, the day trips, and our informative monthly meetings. To be considered an active member of Chapter 2426 your 2020 yearly dues must be paid by March 2020. Any dues paid in the months of October, November, and December are credited to the 2020 yearly Chapter dues. IF you have not paid your 2020 dues, please bring $10.00 to the next meeting. If unable to attend the meeting, you may mail the dues to Barbara Fetonte, 8301 Washita Dr, Austin, TX 78749. If paying by check, make the check out to AARP Chapter 2426. Remember if you are 85 or older, you are exempt from paying the yearly dues.
2019 Officers
And Committee Chairs

Officers
President:       Pete Skalnik            214-704-9562
Vice President: Elaine Benton         512-799-2224
Secretary:      Ed Gonzales            512-444-3335
Assistant Secretary:  Marilyn Totten       512-280-8030
Treasurer:       Barbara Fetonte       512-282-1944
Assistant Treasurer: Rosie Perez        512-440-7050
Board of Directors (in addition to officers):
       Nancy Crowther      512-808-7486

Committee Chairs
Community Service:      Pat Thomas              512- 441-1485
             Deborah Fennell            512-282-9931
Greeters:                         Marilyn Totten         512-280-8030
Health:                            Barbara Kaiser         512-282-0960
Gail Glick                   214-808-6622
Hospitality:                     Connie Flores           512- 444-8636
Legislative:            Debbie Galloway      512-217-1566
Membership:            Margaret Hughes      512-956-3297
Newsletter Editor And Web Manager:
       Diane McGowan         512-892-4416
Program:                Jose Saenz                   512-554-1583
             Crispin Guzman          737-222-8155
Phone Committee Chair:
       Elaine Benton            512- 799-2224
Sunshine:                         Kathryn Stone           512-441-6038
Travel                              Mario Macaluso       512-432-5255

Volunteer Hours
Ed Gonzales
November HOURS:  837
YEAR TO DATE:  7116
Please print the form on the last page, fill it in and bring it to the November meeting.

Chapter 2426 Treasurer’s Report
Barbara Fetonte

Account Balances are:
Savings $25.00
Travel $509.02
Regular Checking $2539.30

Please welcome new members Gope Ahuja,
Rosemary Moore, Julie McConnell, and Alice Mann.

Corrections and a motion for approval will be requested at the December meeting.
AARP Chapter 2426 (DRAFT)
Minutes from the November 20, 2019 Meeting
Vice-President Elaine Benton called the meeting to order and lead the Pledge of Allegiance at 1:00 PM.
Announcements: The next regular Chapter meeting will be on December 18th@1:00PM at the South Austin Senior Activity Center. The next Board meeting is to be announced at a later date, time and location to be determined.

OLD BUSINESS
AARP annual CLO Meeting was cancelled this month and is to rescheduled at a later time in December.

Minutes: The minutes of the October 16th meeting as published in the recent newsletter were corrected and approved.

Chapter 2426 Officers and Board Members for 2020
The slate of nominees for the Chapter officers and Board Members was announced and approved and they will be installed by Mary Ragland at the December 18th meeting. They are: President: Crispin Guzman, Vice President: Nancy Crowther, Secretary: Ed Gonzales, Assistant Secretary: Marilyn Totten, Treasurer: Bill Nicholson, and Assistant Treasurer: Rosie Perez. New Board Members are: Wanda Hensley and Marie Martinez.

PROGRAM
Our speaker was Tabitha Taylor, Age-Friendly Action Plan Program Coordinator for the City of Austin, who addressed the many facets involved after Austin took a crucial first step in declaring itself an Age-Friendly City, adopting the Age Friendly Action Plan, and amending Imagine Austin to include consideration of the needs of Austin’s aging population.

COMMITTEE REPORTS
Attendance and Membership Committee
Margaret Hughes announced that today we have 6 guests, 1 new member since our last meeting and a total of 81 attendees present. We now have over 250 members.

Treasurer’s Report
Barbara Fetonte reported by email that the Account Balances were: Regular Checking $2,215.23; Travel $1,319.02 and Savings of $25.00

Community Service Committee
Deborah Fennell and Pat Thomas announced two upcoming Roll and Stroll trips. On Saturday, November 23rd, there will be a stroll to the Canopy for the East Austin Studio Tour, departing from the CapMetro Westgate Bus Terminal located at 2027 East Ben White at 10:45am. On Tuesday, December
17th, a trip the the Central Austin Public Library is planned. For more information, consult the newsletter.

**Sunshine Committee**
There were 2 November Birthdays and 2 Anniversaries.

**Travel Committee**
Rosie Perez announced that the trip the Alice theater in Georgetown is full, but you can get on the waiting list. In early spring of next year, there is a planned trip to San Antonio to visit the Tower of the Americas and the Institute of Texas Cultures, along with lunch and shopping.

**Hospitality Committee**
Members again were thanked for their generous food offerings and are encouraged to help themselves to any items left over and to remember to take back dishes and serving utensils.

**Program Committee**
Chairman Crispin Guzman reported that next month’s program will be our annual Christmas Pot Luck Luncheon with associated holiday music and /or entertainment. Please remember to bring Holiday bags with treats and small useful personal gifts for the Drive-A-Senior Program to distribute to the needy. For examples of the types of gifts most appreciated, see the listing in the latest newsletter.
Remember: Bring your aluminum ring tabs to Rita Furbish for the Ronald McDonald House.
With no further business, the meeting was adjourned at 3:00pm
Ed Gonzales, Secretary

**December Birthdays**

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<tr>
<th>Betty Fickel</th>
<th>1</th>
<th>Maria Guzman</th>
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<tbody>
<tr>
<td>Mary Ragland</td>
<td>2</td>
<td>Margaret Hughes</td>
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<td>Ray Vaughn</td>
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<td>Letha Bradley</td>
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<td>Diane McGowan</td>
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<td>Ana-Maria Dwiggins</td>
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<td>Harriet Gonzales</td>
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<td>Charles A. Houston</td>
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<td>Lloyd Matthis</td>
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<td>Andrea Reed</td>
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<td>Francisco Salinas</td>
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<td>Barbara Molloy</td>
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<td>Sylvia Salinas</td>
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<td>Suzanne Nagle</td>
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<td>Margaret Cortinez</td>
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<td>Helena Hedrick</td>
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**Anniversaries**

Annie and Hector Hinojosa | 1
Loni King | 1
Dorothy Green | 7
Faye Maxwell | 12
Jeannie Ferrier | 31
CIVIC AND/OR COMMUNITY SERVICE BY SOUTH AUSTIN AARP CHAPTER
2426 VOLUNTEERS
PLEASE BRING THIS INFORMATION TO THE CHAPTER MEETING
AND TURN IN TO : ED GONZALES
Name__________________________Address______________________Phone____________

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<th>Category</th>
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<td>Health &amp; Wellness</td>
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<td>Independent Living/ In Home Care</td>
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<td>Giving/Home Repairs</td>
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<td>Independent Living: Transportation Services</td>
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<td>All Other Volunteer Areas</td>
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Total Volunteer Hours

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South Austin Chapter 2426
Membership Renewal 2020

PLEASE PRINT
Name:________________________________________________________
Address:________________________________________________________
City:________________________State:________________________Zip:________________________
Phone Number:________________________________________________________
E-Mail Address: Please Print:________________________________________________________
Signature:________________________________________________________Date:________________________

Dues are $10.00 per individual..
Complete and bring this application with payment to the next meeting (checks should be made payable to: South
Austin AARP Chapter 2426) OR this application and payment can be mailed to:
South Austin AARP Chapter 2426  Barbara Fetonte  8301 Washita Drive, Austin, TX 78749
Please check any committee(s) on which you are interested in serving.
_______Program_______Membership_______Hospitality/Welcoming_Telephone
_______Sunshine_______Nominating_______Legislative_______Community Service
_______Health Care_______Public Relations_______Travel_______Ad Hoc
Tricycles are amazing vehicles and may be the best vehicle for travel in a neighborhood. Trikes are stable, easily carry a load and can be ridden slowly while carrying on a conversation.

Trikes come in many configurations:
- Adult upright single trike
- Tandem trikes
- Recumbent trikes
- All of them can be e-assist

We will be talking about trikes and what is available at the December meeting.

Trike Sales, Rides and Rentals

Ani Colt and Preston “Ty” Tyree
WAAO Inc
Mobile: 512.338.4075
Email: TrikeNatx@gmail.com

Office
4314 Vaughan Street
Austin, TX 78723