

South Austin AARP Chapter 2426

Website: www.southaustinaarp.org

April 2019

Wednesday
April 17 1:00 p.m.
Mature Driver

Ms. Julia Davies, MPH, CHES is a Traffic Safety Program Specialist with Baylor Scott & White Medical Center in Waco. She will present the Mature Driver Program. "It is a traffic safety educational program for the adult driver, focusing on ages 65 and older. It is also a collaborative effort between BS&W and Texas DoT. It is not intended for the program to make decisions about whether a person should continue to drive and cannot suspend or terminate a person's driver license. Its overall goal is to assist mature drivers in obtaining optimal safety and comfort while driving."

Refreshments: Please bring snacks or finger foods. Thanks to our members who faithfully provide refreshments each month.



Women who know how to Roll and Stroll! These women are filled with laughter and an appetite for adventure. That's no bull!!



April and May Activities

Roll and Stroll is a community service program created by AARP Chapter 2426, to teach seniors how to use public transportation for fun and convenience.

Each month we take group trips around town to enjoy the beauty of living in Austin.

April 12th Friday

A Bunny Hop to some interesting shops along Burnet Road so that you can purchase some Easter decorations. Meet on the Wheatsville patio at 10:00 a.m. We will first make a stop at Ten Thousand Villages and then have a bite to eat at Pinthouse Pizza

<http://pinthousepizza.com/burnet/food> with craft beer and great food. It is only a one block walk to the Assistance League Thrift shop. Gentlemen, yes, you are invited and I promise you will not be bored. We hope to return to Wheatsville by 4:00.

May 6th Monday

A stroll departing from WellMed to walk to the Encompass Rehab Center for a tour. At some point in your life you will likely spend a few days in a rehabilitation center. This tour will hopefully take the fear out of the experience. Departure time and lunch location to be announced. Encompass is the largest owner/operator of inpatient rehabilitation facilities. They are also the 4th largest provider of Medicare-certified skilled home health services and

a top 2 provider of hospice services.

May 17th Friday

A ride to the Central Public Library to view an exhibit in the events center which features art from the West Austin Studio Tour. The West Austin Studio Tour takes place during two weekends in May. The exhibit at the library gives individuals a preview of art work which can be viewed at participating galleries. We will depart Wheatsville patio at 2:00. We will disembark at the Seaholm stop and visit Trader Joe's before eating an early dinner in the area. At 4:45 we will head back towards the library to see the art exhibit. At 6:00 we will take the elevator to the 6th floor to enjoy the roof top garden and view Austin's rapidly changing skyline.

May 22nd Wednesday -

A twilight tour to Mueller Farmers market with early dinner at BD Riley's Irish Pub at Mueller. We will start our trip by departing Wheatsville South at 2:30. We will enjoy dinner prior to exploring the Farmers Market which opens at 5:00. We expect to get back to Wheatsville at approximately 7:30 p.m.

Please contact Pat Thomas for reservations and suggestions. pthomas1@austin.rr.com or 512-441-1485

COMMUNITY SERVICE - COMMENT

Caring for someone with Alzheimer's disease or dementia can be an incredibly challenging task. Caregivers need a day off. Some of our AARP members are volunteers at the "Circle of Friends" providing respite day care on Thursdays from 9:30 a.m. to 1:30. This free community based group is located at Congregation Beth Israel, 3901 Shoal Creek Dr. They currently have space for additional patients. If you are a caregiver, needing some help, please contact: Theresa Lyons 512-845-5374 for additional information.

Chapter 2426 Charitable Contributions

Please save your **HEB large plastic bags** and bring them to AARP meetings to be recycled at the Food Pantry. **Aluminum pull tabs** are being collected for the Ronald McDonald

Health

Barbara Kaiser

Sharing Some Health Experiences.

Have you ever considered what would happen when you can't handle some problems yourself?

The following are some of my experiences:

1. EMS - I had to call them in March. Thank goodness. I could hand them my list of medications, doctor and family phone numbers - courtesy of EMS handout in February. The Emergency Department and the nurses also wanted the same answers all over again. I was exhausted and the pre list solved a problem.

2. AUTHORIZED REPRESENTATIVE

Two times last year, I received medical bills that were incorrectly submitted to Medicare. The originators wanted me to pay over \$300. and over \$700. I found the errors. What will happen when I am unable to defend myself?

It might be too much to handle. Answer - Authorized Representative - a family member or friend. From anywhere in the country, using the phone or Internet, my daughter or sister could make my doctor appointments, pay my bills or order my groceries delivered to my home when I stop driving

3. Until last year, I was the AUTHORIZED REPRESENTATIVE for a couple. He was almost blind and needed me to order his medicines by phone . I then set the bottles up with a rubber band around the evening pills on the right side of his place mat and the morning unbranded on the left side. I was also the authorized representative for his wife and dealt with Medicare and the prescription drug phone calls.

As you can guess, as a single, I have to fend for myself. Please call or email to share your experiences . barbkaiser@att.net or call 512-282-0960 and leave a message. We can these include next month.

Getting to know Chapter 2426 Members



Rosie Perez

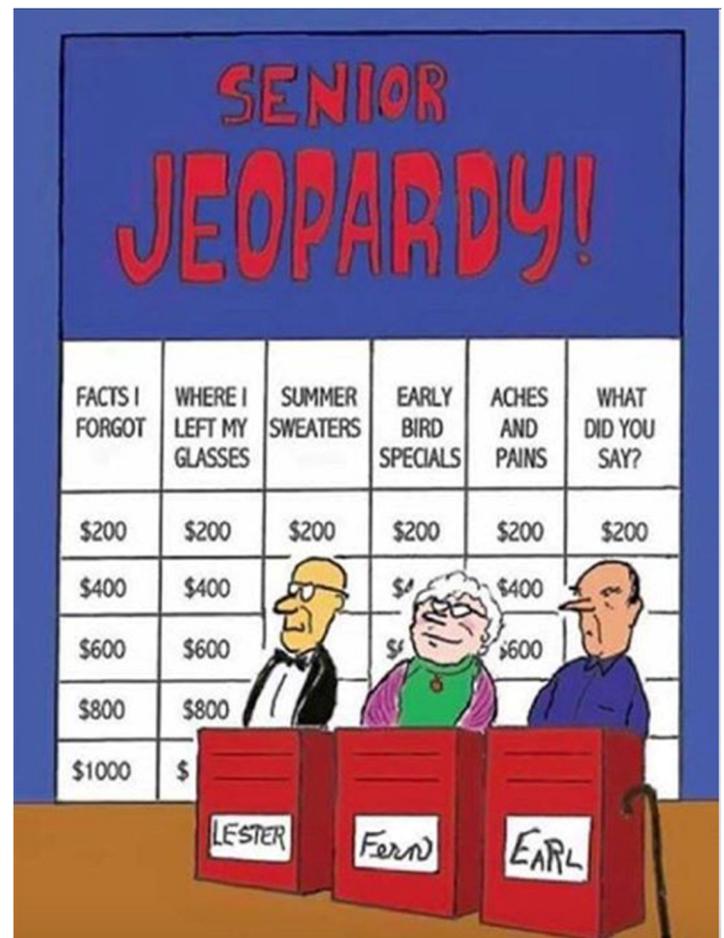
I am the oldest of eight. I have four great sisters and three great brothers, in addition to numerous nieces and nephews.

I was born in McAllen and grew up in Pharr. I graduated from PSJA in 1968. Two weeks after I graduated from high school, we moved to McAllen where I attended secretarial business school, received my certification, worked as a legal secretary for fourteen years. I decided it was time to try something different, so I went to work at the McAllen Foreign Trade Zone for Zenith Electronics for five years as Administrative Secretary to the Director who ran the Texas-Mexico Plants. I came to Austin in 1984 on vacation with a friend and we decided to see if we could find employment and move to Austin. I applied at DPS and AISD, they both offered me a job but I decided to go with AISD. That was the best decision I have ever made. I started working at AISD two months later in August 1984 as Administrative Assistant to the Director of Construction Management. Our offices were located in the Carruth Administration Building located on Guadalupe. Our offices were later relocated to 1111 West Sixth Street. I retired in January 2014 after thirty years with the District. During my time at AISD, I was blessed with two great bosses and many great co-workers. We were like one big happy family and some of us still are. I keep in touch with several of my former co-workers and most of us meet for lunch every now and then.

I also worked two part time jobs since I moved to Austin. I worked at Dillards for seventeen years in sales. When I left retail and worked at the Armstrong Community Music School which was affiliated with the

Austin Lyric Opera for ten years. Working part time gave me the opportunity to purchase my first home in Southwest Austin and see some of our wonderful world. It was tiring at times, but it was well worth it. Then in 2010, I had a serious talk with myself and decided it was time to quit the part time work so I did.

I like to sew, cross stitch, read and I love to cook and bake. When I came to Austin, I did not know a soul. Since then, I have made numerous wonderful friends who are always there for each other which is very important to us. We get together for dinner and a movie when there is a new movie out, go listen to music, celebrate birthdays, go shopping or have dinner and drinks at each other's homes.. We have traveled to different places - both abroad and in the U.S. and we always have a great time. Most important of all on my list, I want to thank Sir Mario for asking me to assist him with signing our members up for our Day Trips. I truly enjoy it - we have a great members. He makes the trips so much fun and we all look forward to them. Everyone always has a good time which is very important. I thank you Sir Mario for making the Day Trips happy, fun trips.



2018 Officers *And Committee Chairs*

Officers

President:	Pete Skalnik	214-704-9562
Vice President:	Elaine Benton	512- 799-2224
Secretary:	Ed Gonzales	512-444-3335
Assistant Secretary:	Marilyn Totten	512-280-8030
Treasurer:	Barbara Fetonte	512-282-1944
Assistant Treasurer:	Rosie Perez	512-440-7050
Board of Directors (in addition to officers):		
	Nancy Crowther	512-444-5726
	Al Prewitt	512 -287-9847

Committee Chairs

Community Service:	Pat Thomas	512- 441-1485
Greeters:	Marilyn Totten	512-280-8030
Health:	Barbara Kaiser	512-282-0960
	Gail Glick	214-808-6622
Hospitality:	Connie Flores	512- 444-8636
Legislative:	Debbie Galloway	512-217-1566
Membership:	Margaret Hughes	512-956-3297
Newsletter Editor And Web Manager:	Diane McGowan	512-892-4416
Program:	Jose Saenz	512-554-1583
	Crispin Guzman	737-222-8155
Phone Committee Chair	Elaine Benton	512- 799-2224
Sunshine:	Doris Thorne	512- 382-9130
	Kathryn Stone	512-441-6038
Travel	Mario Macaluso	512-432-5255

Chapter 2426 Treasurer's Report *Barbara Fetonte*

Regular Checking	\$2304.39
Travel	\$1138.16
Regular Checking	\$2272.07

We have 192 current members. If you have not paid your dues for 2019 it is not too late. Bring \$10.00 to the April meeting or mail your check directly to our treasurer Barbara Fetonte at 8301 Washita Dr, Austin, TX 78749. You can always contact her by email at bfetonte@gmail.com or call her at 512-497-1432 if you are not sure if your dues are current. At our last meeting we had two new

members join. Please welcome our newest members Pat Hill and Elizabeth Gutierrez.

What do we do with our dues money. Some of it goes towards publishing the monthly newsletter and supplies for our meetings. Much of our dues goes to charitable organizations. We try to pick organizations that are in South Austin and focused on the elderly. Last year we were able to give donations to Drive a Senior, Abiding Love Food Pantry, Family Elder Care, Central Texas Food Bank, Saint Louise House, Saint Ignatius Food Pantry, and the Sanctuary at the Austin New Church.

Volunteer Hours

Ed Gonzales

March volunteer hours: 496

Year to date: 1589

Please print the form on the last page, fill it in and bring it to the March meeting.

April Birthdays

FIRST

Karin	Matthys	5
Mary	McDevitt	6
John	Dahmus	9
Patricia	Martin	9
Bonnie	Zeugin	12
Barbara	Kaiser	14
Diane	Wright	16
Florence	Wald	16
Domingo	Herrera	21
Lillie	Stevens	21
Joyce	Evans	22
Amna	Zaidi	27
Rosanne	Rico	27

Anniversaries

Deborah Fennell	1
Darlene and Tommie Lee	4
Frances and Gilbert Puga	7
Willie Williams	18
Benny and Pat Hill	24
Amna Zaida	29

CIVIC AND/OR COMMUNITY SERVICE BY SOUTH AUSTIN AARP CHAPTER 2426 VOLUNTEERS

PLEASE BRING THIS INFORMATION TO THE CHAPTER MEETING

AND TURN IN TO : ED GONZALES

Name _____ Address _____ Phone _____

Category	Hours	Category	Hours
AARP Annual Day of Service		Fundraising for Community Service	
AARP Driver Safety Program		Health & Wellness	
AARP Tax Aide		Long-term Care/Nursing Home Support	
Hunger		Independent Living/ In Home Care Giving/Home Repairs	
Advocacy/Legislation/Information/Referral Services		Independent Living: Transportation Services	
Education/Scholarships or other		All Other Volunteer Areas	
Subtotal		Subtotal	
Total Volunteer Hours			

South Austin Chapter 2426 Membership Renewal 2019

PLEASE PRINT

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____

E-mail Address (Print Clearly) _____

Signature: _____ Date: _____

Dues are \$10.00 by cash or check Dues are waived if over 85 years old. Check if you over 85 _____

Complete and bring this renewal with your payment to the next meeting (checks should be made payable to South Austin AARP Chapter 2426)

OR mail this renewal with your payment to:

South Austin AARP Chapter 2426, Barbara Fetonte, 8301 Washita Drive, Austin, TX 78749

Please check any committee(s) on which you are interested in serving

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|--|---|--|--------------------------------------|
| <input type="checkbox"/> Program | <input type="checkbox"/> Membership | <input type="checkbox"/> Hospitality | <input type="checkbox"/> Telephone |
| <input type="checkbox"/> Sunshine | <input type="checkbox"/> Legislative | <input type="checkbox"/> Community Srv | <input type="checkbox"/> Health Care |
| <input type="checkbox"/> Travel (ad hoc) | <input type="checkbox"/> Public Relations | <input type="checkbox"/> Newsletter | |