Wednesday
November 21, 2018  1:00 p.m.

Mental Health
Ms. Nicole Warren, Helpline and Crisis Line Practice Manager, Integral Care, will be talk about mental health with a focus on Adult Services. There will be an opportunity for Q&A with Ms. Warren.

Pot Luck November Lunch
Please bring a casserole, salad, side or desert for our annual Thanksgiving Pot Luck lunch. Also, please bring serving utensils. Coffee and water will be provided. Everyone always looks forward to our November luncheon for the food and fellowship.

Roll and Stroll
Pat Thomas

Most organizations have not yet posted calendar dates for November and December activities so I cannot provide you with advance dates for many activities. As soon as I have information on holiday activities I will send out an email alert.

November 16, Friday, Twilight stroll (Tentative date & Time)

Come wander along Waller Creek and experience the wonder of Waller Creek Conservancy’s 5th Annual Creek Show! This free-family event is offered from November 9-17 for nine-nights of free light-based, site-specific art installations along Waller Creek. This year’s show takes place at a new location along Waller Creek, between 9th and 11th streets and will showcase the renovated Symphony Square, the new home of the Conservancy. Creek Show’s new location offers new experiences and exciting opportunities including a concert series in the historic Symphony Square amphitheater, a family activity zone, and the Creek Show Lounge, an exciting place for attendees to relax and engage with interactive activities and learn about the Waller Creek parks project. Creek Show was designed to surprise and delight audiences of all ages with memorable light-based art installations. www.creekshow.com.

December 6, Thursday - (Tentative date) Noon concert at Central Presbyterian Church - The Austin Handbell Ensemble or holiday choral group.

December 7, Friday St. Edwards University Holiday Concert
The Festival of Lights is a long standing tradition at St. Edwards University. It will start with a short speech by the University President along with a performance by the University Choir. There will then be a Holiday Concert at Ragsdale Center featuring many of the campus music groups (tentative schedule) Friday, December 7, program starts 7:30pm to 9:00pm, early dinner in the cafeteria.

The following event is not a Roll and Stroll but is highly recommended as a wonderful service on the south side of Austin. November 18, Sunday 4:00-6:30 p.m. Many cultures and religions of the Austin community come together in Thanksgiving at San Jose Catholic Church, 2435 Oak Crest Ave. iACT's
interfaith Thanksgiving service reminds us that we
are one community and we belong to each other.
For the past 33 years, iACT has had the great joy
and privilege of bringing the Annual Interfaith
Thanksgiving service to the Austin Community.
Everyone is invited to come hear prayers and
practices from all of Austin’s faith communities and
share in a reception after the service. The service
is held at a different church/temple each year.

### Community Service

**Food Drive for South Austin Food Pantries**
Please bring packaged food items for food pantries
to our November meeting. Items collected will be
distributed to locations on the southside of Austin. In the past we have donated food items to St Ignatius and Bread for All. If your church has a food pantry make Pat Thomas aware of the location. Always needed are rice, beans, tuna, canned meat, pasta.
The following items will be collected every month
- Empty egg cartons - donated to food pantries in South Austin
- Reuseurable cloth or heavy plastic shopping bags - (to be donated to local food pantries)
- Aluminum pull tabs - donated to Ronald McDonald House

December 19, 2018 - filled gift bags for seniors
delivered by Drive A Senior

### Holiday Gift Bags

At this time of the year we are reminded of how blessed we are to have friends, food and shelter. Therefore, we ask you share your abundance with those less fortunate. Please bring filled gift bags to our December 19, 2018 meeting. Drive a Senior will deliver these bags to their clients. Please help brighten the holidays for a senior. Below are suggestions of items to be placed in the bags.

<table>
<thead>
<tr>
<th>Pocket calendar</th>
<th>Oatmeal packets</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tea bags</td>
<td>Applesauce packs</td>
</tr>
<tr>
<td>Hot Chocolate packs</td>
<td>Hand towel</td>
</tr>
<tr>
<td>Socks or slipper socks</td>
<td>High Lighter pen</td>
</tr>
<tr>
<td>Hand or body lotion</td>
<td>Handkerchiefs</td>
</tr>
<tr>
<td>Sugar free cough drops</td>
<td>Notepads/pen</td>
</tr>
<tr>
<td>Small mirror or comb</td>
<td></td>
</tr>
</tbody>
</table>

### 2018 Officers And Committee Chairs

**Officers**

President: Pete Skalnik 214-704-9562
Vice President: Elaine Benton 512-799-2224
Secretary: Ed Gonzales 512-444-3335
Assistant Secretary: Marilyn Totten 512-280-8030
Treasurer: Barbara Fetonte 512-282-1944
Assistant Treasurer: Rosie Perez (512) 440 7050

**Board of Directors (in addition to officers):**

Mary Ragland 512-280-8661
Al Prewitt 512-287-9847

**Committee Chairs**

**Community Svc:** Pat Thomas 512-441-1485
**Greeters:** Marilyn Totten - 512-280-8030
**Health:** Barbara Kaiser –512-282-0960
**Gail Glick** 512-547-4153
**Hospitality:** Connie Flores 512 444-8636
**Legislative:** Debbie Galloway 512-217-1566
**Membership:** Margaret Hughes 512-956-3297
**Newsletter Editor And Web Manager:**
Diane McGowan-512-892-4416

**Program:** Jose Saenz 512-554-1583
**Crispin Guzman737-222-8155**

**Phone Committee Chair**
Elaine Benton 512-799-2224

**Sunshine:** Doris Thorne 512-382-9130
Kathryn Stone 512-441-6038

**Travel**
Mario Macaluso 512-432-5255

### HELP is needed.
Our chapter needs someone to reconstruct our
website. Please contact Pete Skalnik, 214-704-9562 or
Diane McGowan 512-892-4416,
dianemcg70@gmail.com if you are able to help,

### TRAVEL
The day-trip to San Antonio on December 11, 2018
is happening!
Mario Macaluso, Trip Coordinator
November Celebrations

Birthdays

Mimi Tehrani 3
John Conrado 6
Loretta Dahmus 7
Nelli Sanchez 7
Nelli Aguirre 10
Doris Moore 13
Esther Bower 16
Kay Roeber 18
Dorothy Scrimgeour 18
Carol Ahlgren 22
Brenda Wright 22
Dolores Gonzales 26
Cecilia Crossley 26
Elaine Benton 28
Barbara Fetonte 29
Bernard Natho 29

Anniversaries

Joanne Meiere 11
Ed and Harriet Gonzales 18
Lucy Estrada 28

Chapter 2426

Treasurer’s Report:
Savings $25.00
Travel $1841.71
Regular Checking $1213.67
Grant Balance $153.95

CIVIC AND/OR COMMUNITY SERVICE BY SOUTH AUSTIN AARP CHAPTER 2426 VOLUNTEERS

PLEASE BRING THIS INFORMATION TO THE CHAPTER MEETING

AND TURN IN TO: ED GONZALES

Name__________________________Address______________________Phone____________

<table>
<thead>
<tr>
<th>Category</th>
<th>Hours</th>
<th>Category</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>AARP Annual Day of Service</td>
<td></td>
<td>Fundraising for Community Service</td>
<td></td>
</tr>
<tr>
<td>AARP Driver Safety Program</td>
<td></td>
<td>Health &amp; Wellness</td>
<td></td>
</tr>
<tr>
<td>AARP Tax Aide</td>
<td></td>
<td>Long-term Care/Nursing Home Support</td>
<td></td>
</tr>
<tr>
<td>Hunger</td>
<td></td>
<td>Independent Living/ In Home Care</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Giving/Home Repairs</td>
<td></td>
</tr>
<tr>
<td>Advocacy/Legislation/Information/Referral Services</td>
<td></td>
<td>Independent Living: Transportation Services</td>
<td></td>
</tr>
<tr>
<td>Education/Scholarships or other</td>
<td></td>
<td>All Other Volunteer Areas</td>
<td></td>
</tr>
<tr>
<td>Subtotal</td>
<td></td>
<td>Subtotal</td>
<td>Total Volunteer Hours</td>
</tr>
</tbody>
</table>

Volunteer Hours

Ed Gonzales
October Hours: 669
Year to Date 6858

The volunteer form is on the last page of the newsletter. Please bring your completed form to the meeting!!

November, 2018