

South Austin AARP

Chapter 2426

Website: www.southaustinaarp.org

August, 2018

Wednesday
August 15, 2018 1:00 p.m.

Bobby Tsukahara and Gil Starkey, co-founders of Austin 350, will be speaking at our August 15th Chapter meeting. 350.org is an international organization with chapters in every country except North Korea. Austin 350 is working on the climate change that we are facing. Floods, wild fires, extreme heat, and drought are hurting Americans and people around the world. Bobby and Gil are activists who concentrate on trying to bring the environmental facts and challenges we face.

Refreshments:

Members whose last names begin with **I thru N** will provide refreshments. If you wish to bring food it will be appreciated.

Thanks to everyone for their participation in the success of our July "indoor picnic." We had over 100 people at our meeting and everyone enjoyed the wonderful food. Special thanks to our hospitality ladies Connie Flores and Helena Hedrick. Also thanks to Loni King for assisting with the tables. A special thanks also to Blue Bell for providing ice cream. Al Prewitt, Hospitality



The July Speakers were Tommi Ferguson, Capital City Village and Stephanie Braddock, Drive a Senior South Austin.

Travel

Mario Macaluso

Trip to the G.H. Bush Library and Museum

Note: Mario and Rosie will not be at the August chapter meeting.

Destination

G.H. Bush Presidential Library and Museum in College Station

Date: Tuesday, September 11, 2018

Check-in: 7:45 a.m.

Departure from SASAC: 8:15 a.m. (promptly)

Arrival at College Station around 10:15a.m.

Self-guided tour at leisure of the Library and Museum

Lunch

On your own at Abuelo Mexican Restaurant in College Station (The best Mexican restaurant in the nation for the past 10 years)

Afternoon "mystery stop" before returning to Austin

Reminders:

1) Be on time 2) Bring your name tag 3) Park away from the main entrance. Call Rosie Perez at [512-440-7050](tel:512-440-7050) or email rosie9708@gmail.com to see if there are any seats left.

Mario Macaluso mmdm1967@aol.com

Volunteer Hours

Ed Gonzales

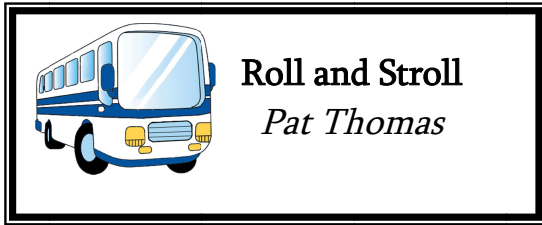
July Hours: 695

Year to Date 4,530 !!!

BRAVO

At this time last year the total was only 2,933.

The volunteer form is on the last page of the newsletter. Please bring your completed form to the meeting!!



RIDE WITH US FOR NEW ADVENTURES

Friday August 10th – Twilight stroll departing from Wheatsville at 3:00 returning at approximately 8:00. We will be visiting an area known as Oyster Landing. (don't think there are any oysters but plenty of turtles) We will be eating at the Hula Hut restaurant which overlooks Tom Miller Dam. The dam was named after a former mayor. Two previous dams had been washed away. The first dam failed after a heavy storm in 1900. The resulting water killed several dozen people and left the city of Austin without electrical power for a number of months. To view menu <https://www.hulahut.com/story>

Friday August 24th –Departing Wheatsville at 10:45. A tour of public radio station KUT. KUT FM 90.5 is a listener-supported and corporate-sponsored public radio station owned and operated by faculty and staff of the University of Texas at Austin. It is the National Public Radio member station for central Texas. Occasionally there is confusion between KUT and KUTX 98.9FM, the University's student-run radio station, because both are owned by the University of Texas. KUT is located in the Belo Center for New Media. This five-story 120,000-square-foot building houses the adjacent KUT Studios. The building, which houses the School of Journalism, was built in 2012 with recycled and regional building materials, motion-sensitive lighting and translucent glass office walls that filter sunlight. Its landscaping is irrigated from a rainwater collection system and from condensation collected from the heating, ventilation and air conditioning systems. I am currently researching places to eat near our destination. Our docent tour starts at 1:30.

Saturday September 8th Departing Wheatsville at 10:00 a.m. (bus leaves at 10:15) Exploring Waller Creek. This excursion takes us on a route #17 along

Cesar Chavez to view the Waller Creek Boathouse overlooking Lady Bird Lake and exploring the area near the convention center. The newly opened Fairmont Hotel is Austin's largest hotel. It is uniquely located amid the lush greenery of Palm Park and Waller Creek and directly connected to the Austin Convention Center via a pedestrian bridge. The hotel's food court focuses on six different menus. First, there's the Italian section, with handmade pasta and pizzas. Then there's the pan-Asian corner with dishes from Korea and Japan., The center bar features oysters and seafood towers. There is also a pastry plus usual grill items like steaks and burgers. The vibe of the hall is reminiscent of Las Vegas: The front-facing wall will include a live-stream feed projection of East Sixth Street. The overhead lighting for the food court will mimic the outdoors, from sunshine to passing clouds, similar to Hogwarts Castle's Great Hall in *Harry Potter*.

Our Clarksville excursion has been postponed until temperatures are cooler. Several new exciting adventures are planned for August and September I'll be very happy when Fall arrives. Please contact Pat Thomas pthomas1@austin.rr.com or 512-441-1485 to register.



At our August and September meetings we will be collecting clean used jeans and t-shirts for the clothing pantry at Central Presbyterian Church. On a recent Roll & Stroll activity we visited the church to attend a noon concert and eat a light lunch. The church provided us with gracious hospitality and a history of the church. They have been providing a noon concert every Thursday for 38 years. Various Austin musicians are featured and lunch is available for a donation of \$5.00. The church is well recognized for their service to the homeless community. Every Thursday morning, the church provides breakfast and spiritual fellowship to homeless/low income individuals. Our way of saying "thank you" is to collect clothing for their clothes closet. At our next meeting watch for the

box marked "Central Presbyterian Church" clothing. For information on their Thursday concerts go to: <https://cpcaustin.org/thursday-noon-concerts/>.

HEAT EXHAUSTION OR **HEAT STROKE**

Heat Exhaustion Symptoms: Faint or Dizzy, Excessive Sweating, Cool, Pale, Clammy Skin, Nausea or Vomiting, Rapid, Weak Pulse, Muscle Cramps.

Heat Stroke Symptoms: Throbbing Headache, No Sweating, Body Temperature Above 103°, Red, Hot, Dry Skin, Nausea or Vomiting, Rapid, Strong Pulse, May Lose Consciousness.

Heat Exhaustion Treatment: Get to a cooler, air conditioned place; Drink water if fully conscious; Take a cool shower or use cold compresses.

Heat Stroke Treatment: CALL 9-1-1; Take immediate action to cool the person until help arrives.

StDavid's HEALTHCARE
stdavidsernetwork.com

August Celebrations

Birthdays

| | | | | | |
|-----------|-----------|----|---------|------------|----|
| MJ | Tobar | 4 | Isabel | Orta | 19 |
| Elizabeth | Lewis | 6 | Tom | Herrera | 20 |
| Susan | Cotham | 7 | Renee | Lopez | 21 |
| Barbara | Gittinger | 8 | Kathryn | Stone | 21 |
| Rosie | Perez | 9 | Willie | Williams | 22 |
| Rita | Furbish | 9 | Bernice | Bullock | 23 |
| Sui | Manwah | 10 | Doris | Thorne | 25 |
| Ed | Gonzales | 11 | James | Murinckack | 27 |
| Iris | Bishop | 12 | Linda | Clark | 28 |
| Joan | Hadden | 12 | Ruth | Dawson | 28 |
| Beverly | Floro | 15 | Yolanda | Delgado | 28 |
| Dixie | Saxon | 16 | Charles | Stearns | 31 |
| Albert | Prewitt | 18 | | | |

Anniversaries

| | |
|--------------------------|----|
| John and Loretta Dahmus | 7 |
| Iris Bishop | 12 |
| Rita and Wayne Painter | 16 |
| Karen and Nate Gillespie | 23 |
| Brett and Susan Cotham | 31 |

**2018 Officers
And Committee Chairs**

Officers

| | |
|---|------------------------------|
| President: | Pete Skalnik 214-704-9562 |
| Vice President: | Elaine Benton 512- 799-2224 |
| Secretary: | Ed Gonzales 512-444-3335 |
| Assistant Secretary: | Marilyn Totten 512-280-8030 |
| Treasurer: | Barbara Fetonte 512-282-1944 |
| Assistant Treasurer: | Rosie Perez (512) 440 7050 |
| Board of Directors (in addition to officers): | |
| Mary Ragland | 512-280-8661 |
| Al Prewitt | 512 -287-9847 |

Committee Chairs

| | |
|------------------------------------|------------------------------|
| Community Svc: | Pat Thomas 512- 441-1485 |
| Greeters: | Marilyn Totten-512-280-8030 |
| Health: | Barbara Kaiser -512-282-0960 |
| | Gail Glick 512-547-4153 |
| Hospitality: | Al Prewitt -512-287-9847 |
| Legislative: | Debbie Galloway 512-217-1566 |
| Membership: | Margaret Hughes 512-956-3297 |
| Newsletter Editor And Web Manager: | Diane McGowan-512-892-4416 |

| | |
|----------|----------------------------|
| Program: | Jose Saenz 512-554-1583 |
| | Crispin Guzman737-222-8155 |

Phone Committee Chair

| | |
|-----------|-----------------------------|
| | Elaine Benton 512- 799-2224 |
| Sunshine: | Doris Thorne 512- 382-9130 |
| | Kathryn Stone 512-368-5975 |
| Travel | Mario Macaluso 512-432-5255 |

Chapter 2426 Treasurer's Report:

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|------------------|-----------|
| Regular Checking | \$1404.09 |
| Travel Checking | \$1800.94 |
| Savings | \$25.00 |

Trip announcement from Chapter 2700:

The "Adventure to the Amalfi Coast" Italy, 2019, currently has a few openings. The trip date is March 21 – 30, 2019 – 10 days-8 nights. Mario Macaluso is the Cultural Advisor and Tour Designer.

Destination: Amalfi Coast (Italy)

Length: 10-day tour

• Air Transportation:

-Economy class airfare on United Airlines/Lufthansa from Austin to Naples (via Houston and Frankfurt), and from Rome to Austin (via Frankfurt and Newark)

• Accommodations at 4* Hotels:

-7 nights at Hotel Plaza in Sorrento

-1 night at Hilton Rome Airport in Fiumicino

For information: Call or email Dixie Saxon

Dixiedot42@gmail.com

Phone: 512-944- 6011

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| <p><i>Chapter 2426</i> <i>Upcoming Events</i></p> |
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- August 10 - 3:00 pm Roll n Stroll to Hula Hut
- August 14 - 10:00 am
Community Council meeting at State office.
- August 15 - 1:00 pm AARP meeting
- August 16 2:00 pm
AARP Day at United Methodist Church.
- August 24 10:45 Roll and Stroll Tour of KUT
- September 8 10:00 am
Roll and Stroll Exploring Waller Creek
- September 11 7:45 am
Bus trip to Bush Library.
- September 19 1:00 pm AARP meeting.

CIVIC AND/OR COMMUNITY SERVICE BY SOUTH AUSTIN AARP CHAPTER 2426 VOLUNTEERS

PLEASE BRING THIS INFORMATION TO THE CHAPTER MEETING

AND TURN IN TO : ED GONZALES

Name _____ Address _____ Phone _____

| Category | Hours | Category | Hours |
|---|-------|---|-------|
| AARP Annual Day of Service | | Fundraising for Community Service | |
| AARP Driver Safety Program | | Health & Wellness | |
| AARP Tax Aide | | Long-term Care/Nursing Home Support | |
| Hunger | | Independent Living/ In Home Care Giving/Home Repairs | |
| Advocacy/Legislation/Information/Referral Services | | Independent Living: Transportation Services | |
| Education/Scholarships or other | | All Other Volunteer Areas | |
| Subtotal | | Subtotal | |
| Total Volunteer Hours | | | |