

South Austin AARP Chapter 2426

Website: www.southaustinaarp.org

July, 2017

Wednesday
July 19, 2017, 1:00 p.m.
Drive A Senior South Austin

The speaker for our July meeting is Stephanie Braddock, Executive Director of Drive a Senior South Austin. Drive a Senior's mission is to help senior neighbors lead happier, healthier lives and "age in place" in their own homes. AARP Chapter 2426 drivers will describe their experiences as volunteers. In 2017 the organization will provide 4,000+ complimentary rides to our 250+ clients by 130 volunteers who generously offer their time and vehicles.

The support of AARP volunteer drivers allows seniors to keep their independence in the community. Without these services, many seniors would remain isolated in their homes without access to medical care and food sources. Every drive is also an opportunity for a social interaction between a client and a 'friend.'



Legislative Update

Time Morstead and Blake Hutson of the advocacy staff from Texas AARP provided a legislative update at our June 21 meeting.

Community Service
Pat Thomas



Connie Flores and Rose Gonzales

THANK YOU NOTE

We collected over 100 lbs of clothing and shoes for the benefit of low income residents. Clothing was distributed to St. Ignatius Catholic Church and the Fig Leaf at University United Methodist Church. UUMC Fig Leaf store is open each Saturday from 9 to 10:30. It also serves breakfast to the homeless during those same hours. These ministries are made possible through the help of volunteers and service groups like AARP#2426.

JUIY refreshments are to be provided by members whose last names begin A-F. Everyone else is welcome to bring something to share.

ROLL AND STROLL FOR JULY

For additional information contact Pat Thomas at 512-441-1485 or pthomas1@austin.rr.com

Tuesday July 11th - Departing from the South Austin Senior Activity Center on bus #3. Twice a month the Cactus Cafe hosts KUT's Views and Brews. Views and Brews is a free program located on the grounds of the University of Texas. Each month programs are offered on a wide range of subjects and ideas. On July 11th the topic is "The Past, Present, and Future of "Investigative Journalism". The Cactus Cafe is a space where KUT seeks to bring the community together to share thoughts, inspire new perspectives, and give everyone access to new ideas, art, literature, music and imagination. Join KUT's Rebecca Mcinroy along with investigative reporters Lise Olsen, Alain Stephens and Neena Satija to discuss how investigative journalism has changed over time, and to learn about the role of an investigative reporter today.

<http://kut.org/people/rebecca-mcinroy>.

We will eat near the UT area prior to arriving at the Cactus Cafe by 5:30. Seating is small cafe style. We should get back to the Senior Activity Center by 8:00 p.m.

AN ON YOUR OWN FRIENDS STROLL - Sunday, July 16th from 2-4pm the Austin History Center is offering a "Wonderful 1951 Little League Reunion Program. An afternoon of baseball stories as members of that outstanding Little League team share their experiences in a panel discussion moderated by AHCA President, and former Little Leaguer Charlie Betts. Light refreshments will be served and the event is free and open to the public. After the program, we invite attendees to enjoy the exhibit "Play Ball: Austin and the Great American Pastime!" photo exhibit currently on display. For more information, please contact the Austin History Center at 512-974-7480.

THURSDAY AUGUST 10TH - A visit to the Harry Ransom Center with a docent tour at 6:00. We will depart Wheatsville at 3:00 and stop for an early dinner along the way. Additional information will be provided at our July meeting.

Volunteer Hours

Ed Gonzales

June Hours: **560**

Year to Date **2,171**

Total for 2016: 5,995 hours

Please remember to bring your volunteer forms to the meeting.



We are still in need of a program chairperson who will coordinate the programs for our meetings.

Contact President Petr Skalnik 214-704-9562

PROGRAM COMMITTEE: Duties—Plan programs; notify participants before meetings and thank them afterward. Be alert for programs that will enrich the lifestyle of members and are in line with AARP goals.

ROBO CALLS

Ed Gonzales

FYI: For the past year I have enjoyed having NOMOROBO on my landline for free. It is available for VoiP (Voice over IP which is the standard method for voice communications over the Internet.) Basically if you use Spectrum or AT&T U-verse for your home phone, you can get this FREE...and it really works. I have not had a robocall for almost a year. The only calls that come thru are those with a live person on the other end. If it's a robo call, it rings once then disconnects. I believe NOMOROBO is now available for IOS mobile devices, but it costs \$1.99/mo.

Anyhow, if this is something you might want to know more about, see the following:

<http://www.nomorobo.com/>

<https://newsroom.charter.com/press-releases/spectrum-voice-customers-block-telemarketing-nomorobo/>

<https://www.att.com/esupport/article.html#!/u-verse-voice/KM1074689>

July Celebrations

Birthdays

1	Bobbie	Erb	22	Pat	Thomas
5	Joanne	Cepero	25	Debbie	Galloway
12	Sherri	Conner	26	Dorothy	Bell
13			27	Laura	Shell
	Ronald	Fox			
14	Dolores	Macaluso	28	Charlene	Cuthbert
18			29	Mary	
	Cathy	Crossland		Louise	Ferguson
25	Debbie	Galloway	30	Ursula	Fonseca
20	JoAnn	Doyle	31	Frances	Puga
	Bonita	Griesemer			

Anniversaries

- 14 Jose and Anna Saenz
- 14 John and Althea Conrado

2017 Officers And Committee Chairs

Officers

President:	Pete Skalnik 214-704-9562
Vice President:	Elaine Benton 512- 799-2224
Secretary:	Ed Gonzales 512-444-3335
Assistant Secretary:	Marilyn Totten 512-280-8030
Treasurer:	Barbara Fetonte 512-282-1944
Assistant Treasurer:	Caryn Gulas 512-897-8106
Board of Directors (in addition to officers):	
Mary Ragland	512-280-8661
Barbara Kaiser	512-282-0960
Al Prewitt	512 -287-9847
Committee Chairs	
Community Svc:	Pat Thomas 512- 441-1485
Greeters:	Marilyn Totten-512-280-8030
Health:	Barbara Kaiser -512-282-0960
	Gail Glick 512-547-4153
Hospitality:	Al Prewitt -512-287-9847
Legislative:	Debbie Galloway 512-217-1566
Membership:	Margaret Hughes 512-956-3297
Newsletter Editor And Web Manager:	
	Diane McGowan-512-892-4416
Newsletter Distribution:	Ray Vaughn 512-292-0982
Program:	Open
Phone Committee Chair	
	Elaine Benton 512- 799-2224
Sunshine:	Doris Thorne 512- 382-9130
Travel	Mario Macaluso 512-432-5255

Treasurer's Report

Barbara Fetonte

Primary savings \$25
 Chapter Checking \$2472.43
 Travel Checking \$1348.83
2017 Dues may be brought to the July meeting or mailed to:
 South Austin Chapter 2426
 Barbara Fetonte
 8301 Washita Dr, Austin, TX 78749



From Ed Gonzales

Two very active seniors (Jacob, age 92, and Mary, age 89), living in The SeniorVillages, are all excited about their decision to get married. They go for a stroll to discuss the wedding, and on the way they pass a drugstore. Jacob suggests they go in. Jacob addresses the man behind the counter:
 "Are you the owner?"
 The pharmacist answers, "Yes."
 Jacob: "We're about to get married. Do you sell heart medication?"
 Pharmacist: "Of course we do."
 Jacob: "How about medicine for circulation?"
 Pharmacist: "All kinds."
 Jacob: "Medicine for rheumatism?"
 Pharmacist: "Definitely."
 Jacob: "How about suppositories and medicine for impotence?"
 Pharmacist: "You bet!"
 Jacob: "Medicine for memory problems, arthritis and Alzheimer's?"
 Pharmacist: "Yes, a large variety. The works."
 Jacob: "What about vitamins, sleeping pills, Geritol, antidotes for Parkinson's disease?"
 Pharmacist: "Absolutely."
 Jacob: "Everything for heartburn and indigestion?"
 Pharmacist: "We sure do."
 Jacob: "You sell wheelchairs and walkers and canes?"
 Pharmacist: "All speeds and sizes."
 Jacob: "Adult diapers?"
 Pharmacist: "Sure, how can I help you?"
 Jacob: "We'd like to use this store as our Bridal Registry

AARP Legislative Update On American Health Care Act

Bob Jackson, AARP Texas director

I wanted to be sure you saw this note from my colleague, Fred Griesbach of AARP Campaigns out of our D.C. office:

Senate leadership may have delayed the vote on their higher cost, less coverage health care scheme, but make no mistake: they still want to pass this bad bill, and right now they are trying to cut side deals with key Senators to get to 50 votes.

The Senate needs to scrap this awful plan and start from scratch. Help make sure that your Senators are crystal clear on where you stand: Tell Sen. Cornyn and Sen. Cruz to oppose this bill that raises costs and reduces coverage, and to vote NO if it ever reaches the floor. Thanks for doing your part to keep up the pressure.

Note. Here are actions you can take right now to protect your benefits:

1. Contact your U.S senators and tell them to protect Medicare and oppose the age tax.

Senator John Cornyn 1-844-222-0104
 Senator Ted Cruz 1-844-222-0104

2. Check the website: www.aarp.org at any time to get updates about the status of our fight to protect your Medicare benefits. Everything you need to know is a click away.

Traffic Jam! A La Mode

Presented by Capital Metro and Project Connect
 Come get the scoop on transit options in Central Texas!
 Wednesday, July 26, 2017
 5:30 p.m. - 8:00 p.m.
 Huston-Tillotson University | King-Seabrook Chapel
 900 Chicon Street | Austin, Texas
www.projectconnect.com

Go to the website for pictures of the Roll and Stroll activities and the trip to Lake Buchanan.

www.southaustinaarp.org

CIVIC AND/OR COMMUNITY SERVICE BY SOUTH AUSTIN AARP CHAPTER 2426 VOLUNTEERS

PLEASE BRING THIS INFORMATION TO THE CHAPTER MEETING

AND TURN IN TO : ED GONZALES

Name _____ **Address** _____ **Phone** _____

Category	Hours	Category	Hours
AARP Annual Day of Service		Fundraising for Community Service	
AARP Driver Safety Program		Health & Wellness	
AARP Tax Aide		Long-term Care/Nursing Home Support	
Hunger		Independent Living/ In Home Care Giving/Home Repairs	
Advocacy/Legislation/Information/Referral Services		Independent Living: Transportation Services	
Education/Scholarships or other		All Other Volunteer Areas	
Subtotal		Subtotal	
Total Volunteer Hours			